

SERVICE HOUR DIRECTIONS

What are service hours?

Service hours are acts of service done outside of your normal household chores and responsibilities in which you are not paid for the work done or service performed. These activities should be age appropriate.

How many hours do I need?

You will complete a certain number of service hours per year. If you are in grade 6-8 you cannot earn all of your hours from one activity. Service hours do not accumulate from year to year. The service hours needed per grade are:

Kindergarten and 1st Grade	1	5th Grade	8
2nd Grade	2	6th Grade	12
3rd Grade	4	7th Grade	12
4th Grade	6	8th Grade	15

How do I get credit for the hours I do?

You will fill out 1 service hour for each activity you complete. If you are volunteering with an organization and you participate in 3 activities for a total of 6 hours you could just fill out 1 form for 6 hours. However if you help 6 people with 6 different tasks for a total of 6 hours than you should fill out 6 forms. Forms should be signed by the recipient of the service activity or if it part of an organization/school activity (Boy/Girl Scouts, Children's Choir, Altar Serving, etc.) then the leader of the activity should sign your form.

If your hours are earned from donating food, clothes, toys, or making I Care Kits, you don't need to bring these items in, but besides filling out a service hour form you will also need to fill out a Charity Research worksheet in which you must research one Catholic service (Catholic Charities, Catholic Relief Service, St. Vincent de Paul or a missionary society like Maryknoll or Divine Word Missionaries) and answer questions about that organization.

How do I earn hours?

- Volunteer at a food kitchen/food bank.
- Being an Altar Server.
- Singing in Children's Choir.
- Visit patients in a nursing home.
- Donate food to a food drive – 3 items = 1 hour.
- Donate Clothes – 1 bag = 1 hour
- Donate Toys – 1 Toy = 1 Hour
- Donating winter items hats, coats, gloves, etc. 1 item = 1 hour.
- Making I care kits with combs, toothbrushes, shampoo, etc. for the homeless and take them to a shelter or food kitchen/bank 2 kits = 1 hour.
- Helping family, neighbors, senior citizens by raking leaves, mowing the lawn, shoveling snow, grocery shopping, etc.